



**MOP VAISHNAV COLLEGE FOR WOMEN
Nungambakkam, Chennai -34**

TRAVEL GUIDE - CHENNAI

Accommodation Regulations.

1. Rooms are allotted to our discretion.
2. Accommodation will be provided from 6pm on the 3rd of Jan to 6pm on the 6th of January 2013.
3. Cost of any additional services like room service, transport etc will **NOT** be borne by the college and should be taken care of by the Delegate itself.
4. Breakfast lunch and refreshments will be provided at the conference.
5. Kindly do not engage in drinking or smoking inside the Hotel or the College.
6. For further enquiries contact
Mrithula - 9677277854
Shalini - 984056006

Getting Around the City of Chennai

Getting around the heart of Chennai city often takes time, due to traffic and heavy congestion, more so because of construction work in progress for Chennai Metro.

By train

Chennai has a suburban train [9] network. There are four routes:

Chennai Central - Arakkonam

Chennai Central - Gummidipoondi-Sulurpet-Gudur

Chennai Beach - Tambaram and Chengalpet

Chennai Beach - Velachery (MRTS)

The suburban trains are generally reliable and fast but they were built more for practical purposes of commuting than connecting tourist attractions. Unless you know your destination for sure, check with locals or information desks for the quickest way to reach your destination. The frequency of suburban trains is generally good and it is advisable to take a first class ticket during peak hours. Trains offer a reliable alternative to quickly reach your destination when compared to buses which might get trapped in traffic jams. The fare in Chennai suburban trains is the lowest in the country and you don't have to compromise comfort for the meagre amount that you pay as in other Indian metros. The lowest second class train fare is Rs 5 /-. Always keep your baggage safe when you are travelling in the suburban railway system.

By bus

Metropolitan Transport Corporation(MTC) buses ply throughout the city accessing areas which are not accessed by the suburban trains. These are government-run and extremely cheap.

Chennai has few major termini from where the majority of the buses ply towards the rest of the city. More information can be had here .

Normally Bus Fare in MTC range from 4 - 50. Deluxe and A/C Buses are also operated on major routes. Fare for deluxe bus is almost two times as compared to normal bus.

For same route, deluxe and normal bus have same number but deluxe buses are being run targeting long distance journey since it will stop at major bus stops only .

A simple way of identifying the category of the bus is this: White Display Board - Standard Service, Yellow Display Board/LED- Deluxe Service, A/C Service- You will know when you look at it.

If you are getting into a bus from Chennai central railway station you can either catch a bus just in front of railway station or you can take the subway to cross the road and get it from the bus stop in front of government hospital.

Bus Route information for MTC Chennai is available online at official site, jaanlo, desiroutes and rab.

By auto-rickshaw

Auto-rickshaw/Tuk-tuk drivers in Chennai do not use meters; some try to overcharge and often drive rashly, but that's part of the fun of being in Chennai. They are happy to exploit foreigners and locals alike. The advantage of being a local is that you know when you're being fleeced, and so you'll know when to walk away and find another auto.

The upside is that autos are ubiquitous and possibly the easiest form of transportation to locate. Use Auto-rickshaws only for short distances because they are uncomfortable.

Sometimes Airports and Railway Stations have a tariff chart.

Before talking to an auto driver you might like to try and ask any local person what the actual fare should be, because the drivers will often ask for up to 3 times more.

Don't take the first auto or take the first price, take a least quote and go to the second or third.

Never leave anything behind when you leave.

Forget the meter; no one will go by it, and if they do, it's probably rigged to show a higher fare.

Negotiate a rate with the driver beforehand; if he doesn't agree, just go to the next auto on the road; there will always be others unless it's very late or very early or you are in a remote area: then be prepared to pay up. Stick to the agreed price, though on many occasions the driver may attempt to ask for more.

Consult local friends beforehand to find out reasonable market prices for the distance you intend to go.

Try to hail individual auto rickshaws in traffic which are heading in the general direction of your destination rather than hiring one parked in their stand as they may gang up to you.

As a general rule, expect to pay about ₹10 to ₹15 for every kilometer (0.6 mi) you travel.

You don't have to pay for any empty return trips that the auto-rickshaw driver has to make once you have agreed upon a fare.

If you pay them for petrol, make sure you pay them the remaining fare amount after subtracting petrol charges.

Share autos have emerged in the recent years as an alternative mode of transport in Chennai. They are over-sized three/four wheelers charge slightly more than the bus but way lesser than a regular auto. Likewise they are faster than the buses but slower than the autos. There are four wheelers known as meter taxis, which don't have a meter and are not taxis. They supplement the existing bus services and sometimes operate on routes based on popular demand.

By taxi (Call Taxi)

Taxis (locally called "call-taxis" since they must be pre-arranged) are available by phone. Since there are so many listed in the phone book already and they are mostly reliable we don't list any. They can be ordered air-conditioned and have digital fare meters, although time-based hire is also possible with some companies. Most companies charge a minimum fare of 100/-(Non-AC)/150/-(AC), which is for 4km (2.4 mile) and for every subsequent kilometre they charge 12/- or 13/-.

A proper system of confirmed allotment at least 45 min prior to the scheduled time (like in Delhi/other cities) is what is required for Chennai.

Fast Track Call Taxi - 044- 28889999

Bharathi Call Taxi - 044 2814 2233

FriendsTrack Call Taxi Tnagar - +(91)-44-66592488

Ntl Call Taxi - +(91)-(44)-30003000

Chennai Call Taxi PVT LTD - +(91)-(44)-28555888

Shopping Malls

- **Express Avenue** , Royapettah High Road. It is the second largest shopping mall in South India and features unique stores like Hamley's, Global Desi and Peekaboo, designer wear like Guess and Diesel and high-street chains like Body Shop, Tie Rack, Esprit and Lush. It has a few fine-dining restaurants and also one of the largest food courts in India.
- **Spencer Plaza** , 769, Anna Salai. Spencer is a Chennai landmark that dates back to colonial times. The original was destroyed in a fire, and the current building dates back to 1983. The new Phase III section even has a mock Indo-Saracenic atrium in the style of the original. One of the earliest shopping malls in India, it has slightly lost its charm with the arrival of swanky new malls, but it is still an excellent place to buy handicrafts, ethnic wear, Indian jewellery and books (it houses the largest Landmark bookstore in Chennai). There is a reasonably good food court on the 2nd level of Phase I and Phase III.
- **Chennai Citi Center** 10, Radhakrishnan Salai. Opened in March of 2006, it houses mostly men's western-wear brands like Adidas, Louis Philippe, Parx and Zodiac. Has a good food court, an Indian restaurant, INOX cinema and a supermarket.
- **Shoppers' Stop** 2, Harrington Road, Chetpet. This is one of the largest department stores in Chennai, and you can buy everything from clothes to shoes to books here.
- **Ispahani Center** Nungambakkam road. An early shopping centre - has a cafe, bar & shops.
- **Prince Plaza**, Pantheon road, Egmore. It has been featured in many movies.
- **Ampa Mall**, . A new shopping mall in Chennai with both western and Indian brands featuring in the shops. Most popular for its PVR Cinemas multiplex, Star Bazaar grocery store and one of the few McDonalds in the city. It also has a food court and a boutique hotel.
- **Alsa Mall, Egmore** - Montieth Road Chennai, Tamil Nadu, Opp Govt Museum

EATING

Chennai has numerous restaurants, offering an assortment of cuisine. The beach restaurants are well maintained and serve great food during the evenings. The eat outs in Chennai range from budget, midrange and to up-market. There are swanky star quality restaurants, plain open traditional vegetarian or non vegetarian restaurants- where you share a table with strangers, street stalls, tea kadais, fast food centers, western fast food centers, food courts, coffee shops, bakeries to exclusive specialty establishments.

Budget

- **Geetha Café** , Pondy Bazaar. South Indian tiffin.
- **Hot Chips**, T.Nagar and Anna Nagar for budget priced South Indian tiffin, including North Indian chat (snack) items.
- **Mansuk's**, T.Nagar. Best for Bombay Chat, Lassi and an unlimited Gujarati Thali.
- **Palimar**, Parsn Complex, Mount Rd, Anna Salai. South Indian cuisine.

- **Sangeetha**, at intersection of Valluvar Kottam High Rd and Nungambakkam High Rd in Nungambakkam Chain of vegetarian restaurants. A mix of good-quality and tasty South Indian, North Indian, and "Indo-Chinese" cuisine at very reasonable prices. A chain restaurant.
- **Saravana Bhavan**, [76]. Probably Chennai's best known restaurant chain, with 25 branches in Chennai itself Pure vegetarian Indian food with high standards of hygiene.
- **Sanjeevanam**, New No. 97, Old No.45, Nungambakkam High Road in Nungambakkam, Chennai; ☎+91 44 4549 0324 A popular vegetarian "health" restaurant that cooks its foods using ayurvedic principles.

Mid-range

Chinese

- **Dynasty**, Harrisons Hotel, (*Non-Vegetarian*) 315, Valluvarkottam High Road, Nungambakkam, Chennai.
- **The Cascade**, Quality Inn Sabari, 1. floor, 29 Thirumalai Pillai Road, T.Nagar, Chennai – 600 017, Tel: +91 44 2834 3030

Mexican

- **Texas Fiesta**, (*Non-Vegetarian*) # 17/2, Shaffee Mohammed Road, off Khader Nawaz Khan Road, Chennai 600006.. Meal for two would cost about ₹500. Table Reservations Tele: +91 44 43087882

Multi-cuisine

- **Amethyst**, (*Vegetarian*), Sundar Mahal, Padmavathi Road, Jeypore Colony, Gopalapuram, Chennai. +91 44 2820 3582. Highly recommendable. Table Reservations Tele: +91 44 28353581

North Indian

- **Dhaba Express**, (*Non-Vegetarian*) Nungambakkam High Road, Chennai. Cuisines served by Dhaba Express are North Indian. Price range: Meals for two ₹500. Table Reservations Tele: +91 44 2432 8213.

South Indian:

- **Aiwo**, (*Vegetarian*), 7 Rosy Towers, Nungambakkam High Road, Nungambakkam, Chennai. Reasonably priced at ₹199 per meal inclusive of taxes. Table Reservations Tele: +91 044 66514241
- **Amaravathi**: (*Non-Vegetarian*), 1 Cathedral Road, Gopalpuram, Chennai Price: Avrg. for 2 persons ₹500. Table Reservations Tele: +91 044 28116416, 28110305
- **Anjappar**, (*Non-Vegetarian*) J.P. Tower, 7/2, Nungambakkam High Road, Chennai 600034 **Egmore**: (+91 44 42134111, 42179222) **Purasaiwalkam**: (+91 44 42089188, 26400200) **T'Nagar**: (+91 44 24328444, 24328555)
- **Annalakshmi**: (*Vegetarian*) 18/3, Rukmani Lakshmi pathy Road (Marshall road), Sigapi Achi Elite crowd. Pricy at ₹1000 for 2 meals. Table Reservations Tele: +91 044 28525109 / 044 42141210

Others:

- **Barbeque Nation (BBQ Nation)**, T.Nagar.
- **Gallop in Gooseberries**, Burgers, Sandwiches and Entres. Has two outlets:
1. 4/359, Gatsby Village, Mgr Road, +91 44 24493924 2. #11, Shop #2, 2nd Floor, Greams Road,
Landmark: Near Thousand Lights Police Station Phone: +91 44 28291077, 28292190
- **Eden's**, Harrisons Hotel, 315, Valluvarkottam High Road, Nungambakkam. Wonderful Continental cuisine, fully vegetarian.
- **Murugans Idli Shop**, 2 locations: GN Chetty Road T. Nagar The price for one meal is around 20-70 rupees. South Indian.
- **Ponnusamy**, Commander-in-Chief Road (opp Ethiraj College), Egmore. Chettinadu cuisine
- **Rangis**, Nungambakkam High Road, Nungambakkam. Chinese.
- **Swati and Swayam**, at Saravana Bhavan, Peters Road. South Indian.
- **Sparky's**, located in Egmore, is an "American diner" operated by an American expatriate settled in Chennai. Mexican, Italian and American food. Prices range from 70-150 rps for a meal.

Around MOP Vaishnav College For Women

- Subway - No. 2, Crystal lawn, Wallace garden 2nd Street, Nungambakkam Chennai, Tamil Nadu 600034
044 4560 0600
- KFC - Swastik Complex, 81, Palimar Restaurants, Ground Flr & First Flr, Nungambakkam High Road, Chennai, 044 4356 2222
No 18, Near Old Nagesh Cinema Hall, Thyagaraya Road, T Nagar, Chennai - 600017
- Marybrown - Ispahani Centre, Nungambakkam
- Sandy's Chocolate Laboratory - No. 16, Wallace Garden 2nd Street, Nungambakkam Chennai-600006
- Chao - No. 49, Opposite Singapore Consultate North Boag Road, T.Nagar Chennai - 600017
- The Pasta Bar Veneto - Old No.59, New No.32, Burkitt Road, T.Nagar, Chennai-600017
- Amadora Gourmet Ice Cream & Sorbet - No. 23, 3rd Street, Wallace Garden, Nungambakkam Chennai - 044-42323482
- Little Italy - No. 112, Eldorado, Nungambakkam High Road, Nungambakkam, Chennai 600034
- Donut House - Wellington Estate, Ethiraj Salai Egmore, Chennai - 600008
- 10 Downing Street - 50, Kences Inn Boutique Hotel North Boag Road, T. Nagar Chennai - 600017
- Madras Café - Ispahani Center, Basement, Nungambakkam High Road, Nungambakkam, Chennai
- Dessert Studio - No. 8 Khader Nawaz Khan Rd (Esprit Compound) Chennai
- Hajjiali's Faloodas & Creams- 65 B, Murugesu Naicker Complex, Near IDBI & SBI Bank, Greams Road
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Hospitals

- **Apollo Hospitals**, Greams Lane, Off Greams Road, Nungambakkam Tel - 28293333
- **BRS Hospital - Phone: 9884414539 Area:** Nungambakkam
- **Dr Aggarwal Medical Enclave - Phone: 9444444933 Area:** Nungambakkam

Medical Stores

- Apollo Pharmacy
Greaves Road, Chennai
- Lions Blood Bank, Egmore, Chennai
- Indian Red Cross Society, Egmore, Chennai
- Government Hospital For Children, Egmore, Chennai
- Government Ophthalmic Hospital , Egmore, Chennai

Health and Glow (Nearby) -

Spencer Plaza - phase 1(32459021)

Nungambakkam(32459023)

North Boag Road- T Nagar (32459026)

ATMs

Indian Bank - 19, Uttamar Gandhi Salai, N H Road, Nungambakkam, Nungambakkam
Chennai 044 2827 1228

ICICI - 110, Prakash Presidium, Nungambakkam, CHENNAI-600034, Nungambakkam High Rd,
Chennai

State Bank Of India -

IOC Nungambakkam, IOC Administrative Office, Nungambakkam, Chennai
080 2594 3030

Punjab National Bank - 6, Nungambakkam High Rd, Chennai 34

Citibank - Isipahani outside, Nungambakkam High Rd, Ch 34